

Book Discussion: **4 Heaven/Afterlife Books (compare and contrast)**

Proof of Heaven - Dr. Eben Alexander
90 Minutes in Heaven - Don Piper

To Heaven and Back -Dr. Mary Neal,
Heaven is For Real - Todd Burpo

- 1) What conditions led to your author's NDE (near-death-experience)? (Compare with others')
- 2) What did your author experience as he left his body? Was she aware of her body and the hospital room /accident scene? Watch lifesaving efforts? See family worried, grieving?
- 3) Was there an intermediate period, transition tunnel, period of review of their life events?
- 4) What was "heaven" like? Sight, sound, feel, mood....
- 5) Who welcomed your author? Did they see angels, loved ones, St. Peter, God?
- 6) What were they told in explanation? Were they given any messages to bring back?
- 7) Why did they go back into their body and old life? Choice? How did they feel about it?
- 8) What happened when they first returned - reactions of doctors, loved ones, physically...?
- 9) How was their adjustment to life on earth again, what changes did they find or make?
- 10) How did those around them respond once they told their story?
- 11) Was it a life-altering experience? How did it affect their faith or previous lack of it?
- 12) Does your author strongly believe heaven or another realm is real, or have they doubts?
- 13) Did this book change in any way your own perception of the afterlife?
- 14) Would you recommend this to certain people? Would you read the other similar books?